

# Working & Living Authentically in 2017

If you are at the stage where you are looking to re-assess your life and or career, this is a wonderful post on LinkedIn, [\*The 5 Biggest Regrets People Have Before They Die\*](#)



While the title sounds somewhat morbid, it is actually a poignant article based on the experience of someone caring for terminally ill people. They recount the regrets that people have about various aspects of their lives – be it relationships, love, leisure, work.....

Interestingly, it also looks at all those things that hold people back from doing what they really wanted to be doing with their lives– which is often sadly the expectations and opinions of others!

The article serves to force us to reflect on what is truly important to us, and how we want to live our lives.

**How do you truly want to live 2017 and beyond? Is it time to chart your own course?**