

Six ways to find out if you have a 'good job'!

So what is a good job? There are the somewhat antiquated views that still pervade that a good job is one with a flash title and pays well. However, you and I know that there are a lot of people who fit the profile of having a 'good job' who are not overly happy going to work each day to pursue this so called 'good job'.



In reality, what constitutes a good job is subjective. This seems too often be forgotten.

It is common for us all too unconsciously refer to some jobs as being good or bad that friends, family or colleagues hold, without understanding what they involve and the sense of satisfaction people attain from different work pursuits.

Unfortunately, the fear of what others think ([status anxiety](#)) can keep people in jobs and careers that make them desperately unhappy. Even though we work in era where new career paths and jobs are constantly emerging, unfortunately many of the traditional views around job titles and status linger!

What we need to remind ourselves to do, is to set aside what others think and say. That we are the only ones who can determine what a good job is for us.

Six ways to help determine if your job is good!

1. Do you get a kick out of the work you do (on most days

at least)?

2. Do you like the folks you work with?
3. Are you challenged on a regular basis?
4. When you reflect on what you do, does it give you some sense of satisfaction or tie in with your purpose?
5. Are most of your key [values](#) met?
6. Does it pay the bills?

You will notice that all of the above relate to how you experience your work and the workplace. None of these have anything to do with your job title, profession, the money you earn or where your work is based. There is nothing here about status. It is largely inwardly focused.

So while we are still conditioned to think of a 'good job' in the traditional sense of the term, the reality is that a good job is the one that makes you happy.

[“Everyone thinks of changing the world, but no one thinks of changing himself.”](#) – [Leo Tolstoy](#) –

Contemplating & Career Change? Get Started With [‘The DIY Career Change Program’](#)